



LFCNA Connections

Lutheran Faith Community Nurse Association (LFCNA) is a membership organization for parish/faith community nurses who are Lutheran and/or provide ministry in a Lutheran congregation.

Volume 3 Issue 4 July/August 2023

Our Vision

To promote a culture of health, healing and wholeness in Lutheran agencies and communities.

Visit us at <https://lutheranfcna.org> and follow us on Facebook at <https://www.facebook.com/lutheranfcna>



Connections Editor: Phyllis Bruce

Message from our President

Summer has definitely hit Texas, and I am sure where you live as well. For us, it means 100-degree-plus days with enough humidity that it feels like you just stepped into a sauna. Unlike my life in Iowa where we stayed inside in the winter months, here we stay inside during the summer months. One of the most refreshing activities is a dip in a pool or one of our creeks, rivers, or natural springs.

Last month I had the opportunity to launch our first Clinical Initiation Ceremony. If you were in a diploma school (or other schools of nursing) this was when you received your cap. Currently, many nursing programs call this a white coat ceremony and students are given a white coat to wear. In my university, this feels too much like ceremonies done by pharmacists and doctors; hence, we changed it to a ceremony that focuses on nursing.

One of our speakers was Rev. Denis Donoghue S. J., Director of The Murphy Center for Ignatian Spirituality at Fairfield University. I want to share with you, an excerpt of his talk to our nursing students. While they are just beginning their journey into the profession, I found his words re-invigorating to me as a seasoned nurse.

"The pain and distress that you will encounter in your patients will be physical, existential, psychological, and spiritual. The intimacy that you will share with your patients will unearth a combination of physical symptoms, mental distress, social problems, and spiritual needs."

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LFCNA Connections

Volume 3 Issue 4 July/August 2023

Message from our President Continued

If a measure of our society is how we treat the most vulnerable, then how you are present to your patients is surely a measure of our common humanity. The hope is that during your career as a nurse, you will learn the importance of being present to your patients.

Presence is the way that we are relationally with one another. Presence is a way of being physically, emotionally, and energetically with another in a way that conveys your willingness and desire to hear, know, appreciate, and receive who the other is and the suffering that person is experiencing in the moment.

Your openness and availability towards the other will chart the course of your capacity to be with the whole being of the other. Presence in this understanding requires an openness, receptivity, and availability with the whole of oneself.

Being a healing presence is a way of being with another while being conscious of our connectedness with self, with the patient, and with the healing energies of Universal Love.

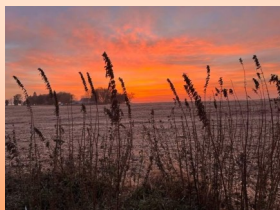
It is only from the place of your center that you can receive another. In this light, I challenge you to embrace your vocation as a nurse from your heart center, the place of inner listening, where you can listen, receive, and respond to the whole being of your patients.

This holistic vision calls you to cultivate a way of being with others by being fully attentive to the sacredness of every moment and of every person. It represents a way of being with another that includes physical and mental presence but it also reflects a spirit-to-spirit encounter that is experienced as communion."

I was surprised to hear him speak on the topic of presence. This is a hard concept/intervention to teach nursing students, but I tell them it is the most healing intervention they can offer their patients.

It is my hope you too will feel refreshed in your vocation as a faith community nurse with these words of Rev. Denis Donoghue.

May God continue to bless and keep you.



Being a healing presence is a way of being with another while being conscious of our connectedness with self, with the patient, and with the healing energies of Universal Love.

Committee Reports

Communications Committee

We were excited to have an almost 70% open and click rate for the May/June Connections Newsletter! Our goal has been 60% and to exceed that is wonderful. A big THANK YOU to all who read it, contribute to it, and send in comments.

Our Facebook Likes and Followers continue slow, but steady growth. If you haven't checked it out, just [click here](#) to enjoy.

We continue our work to update and re-arrange the various resource pages on our website. We will be moving some resources from the Member's Only section to the public pages and, hopefully, make all resources easier to locate. Research reviews by Jean Bokinskie and the Program Library will remain in the Members Only section. Be sure to check these out. Go to our website, <https://lutheranfcna.org> and then sign in by clicking on the blue head and shoulder icon on the upper right, which will allow you to click on Members Only and then click on Member Resources.

Education Committee

The Education Committee has the following planned for the balance of 2023 and at their July meeting will begin planning for 2024.

Thursday, July 13 - Annette Langdon, founding and Region 3 member, ELCA Deaconess will offer another opportunity to **Replenish Your Heart**. Please join us. The evaluation we conducted after the first (June 2) event revealed that many would like this opportunity offered periodically.

Thursday, August 17 — Denise Viker from DuetHealth in Arizona and HMA President will offer a presentation on **Documentation and the Legal Aspects of FCN Practice**.

September 11, 18, and 25 - **This is How We Die**—This event will be a three-part series using videos produced by Barbara Karnes, internationally respected speaker, educator, author, and thought leader on matters of end of life, followed by discussion.

October 10 — we will be privileged to hear from nationally known speaker and Faith Community Nurse leader, Faith Roberts on the topic **From Nose Rings to Wedding Rings: Generational Differences in the Pews**.

November 15 — Carmen Stephen, Assistant Professor at the University of Colorado and Region 2 member will present our program for the annual membership meeting on the topic **Grateful and Blessed**.

Please save these dates on your calendars.

Committee Reports Continued

Outreach Committee:

- Refining of the PowerPoints for synods, congregations, seminaries, and Lutheran Schools of Nursing continues and nears completion. The committee will then develop strategies for their use.
- Planning continues for our presence at the Rostered Ministers Gathering in Phoenix in July and perhaps the WELCA Triennial in Phoenix in September.
- We have been contacted by ELCA for assistance in putting together an article on LFCNA and Faith Community Nursing for the September/October Issue of *Living Lutheran*. At least a couple of our members will be interviewed.
- Thanks to several of our members we have had a presence at the Minneapolis, St. Paul, Allegheny, SW Pennsylvania, NW and SW Washington, NE Pennsylvania, and the Florida-Bahamas Synod Assemblies. We are grateful to our members who attended and represented LFCNA, sharing information about Faith Community Nursing and the organization.
- Plans are also underway for our participation at the Rostered Minister's Gathering in Phoenix in July. This will again be an opportunity for LFCNA to serve Churchwide and to give visibility to LFCNA and the FCN role.

Grants Committee

The Grants committee was able to present two grants of \$750.00 each to two different churches.

Vyneta Barnett, from St. Luke's Lutheran Church (ELCA) in Alexandria, Kentucky, has used her grant to complete the Foundations Course. Vyneta will be starting the Faith Community Nurse ministry, including a blood pressure clinic, and developing an appropriate documentation system.

Jennifer Nemeth, from Christ Lutheran Church (LCMS) in La Mesa, California, will be using her grant for The LIFT Project. This is a lifestyle based mental health and wellbeing program. It is an evidence-based, cost effective program to help participants make lasting lifestyle changes.

Marie Wiegert, MAN, BSN, RN, CPAN, CAPA
Grant Committee Chair

Committee Reports Continued

Governance Committee:

Pursuant to the recent Bylaws revision to remove the roles of the officers from the Bylaws and move them to policy, the Governance Committee sent to the Board of Directors the proposed position descriptions for officers and updated/revised position descriptions for the Regional Directors and the Executive Director. These were all approved at the June Board meeting and will be posted to the Members Only page of the website. The Governance Committee is also reviewing and updating organizational policies for needed changes.

Finance Committee

The Finance Committee drafted and sent to the board a policy for Travel Reimbursement (Policy 0020.23) when a member is traveling to represent LFCNA. The policy and the associated forms were approved at the June meeting. All travel requires prior approval by the Board if reimbursement is requested. (see the article on Travel Reimbursement on page 11) In other business, the Finance Committee is exploring options for additional funding for the organization. A five-year financial projection shows that the organization will require an infusion of approximately \$11,000 annually to continue programming and fund the role of the executive director. The committee is seeking strategies that allow us to keep dues and education event registration costs modest.

Communication Reminder!

If you are seeking to communicate with LFCNA via email and/or wish to go to our website, please use these addresses effective immediately. Our previous email and website addresses will automatically take you to the new addresses (for now). That said, you are highly encouraged to begin using the correct addresses.

Our new website address is: <https://lutheranfcna.org/>

Our new email address is: lutheranfcna@gmail.com



Membership Update

The membership committee has been working to communicate with FCN networks and Lutheran-affiliated schools of nursing. Our purpose is to establish a relationship and inform them about our new Associate Level membership for registered nurses who are interested in supporting LFCNA but who have not taken a FCN preparation course. Through networking at the Westberg Symposium and other churchwide events, we are becoming more recognized as a professional nursing organization. There are, however, still Lutheran FCNs who have not heard about us.

The increased visibility is making a difference. Our current membership is now 131, which is higher by 3 than at the end of last year. We have achieved an 88.45% retention rate with only 11 members who have lapsed memberships, and a total of 16 new members. So, we are doing very well.

We are happy to welcome as new members :

Jennifer Nemeth—Region 2
Whitney Apel—Region 3
Jana Tindall—Region 5
Judy Valleri—Region 9
Denise Viker—Region 2

We will continue to offer new member orientations via zoom to meet our new members, give more information about who we are and the resources we offer, and answer any questions. It has been a very positive experience for all who attend.

Phyllis Bruce, BSN, MA, Membership committee Chair

[Click here to renew or join](#)

Board Contact Information

Just a reminder that if you are looking for board contact information, you can find it in the Members Only section of the website. In an effort to protect their privacy and offer security to our board members, we have removed most contact information from the public website pages.

Funding Our Future

Donating Required Mandatory Distributions from your IRA to LFCNA

Have you ever wondered how a required mandatory distribution (RMD) from your IRA could be used to support a charitable organization? Unless you are in a position to itemize deductions on your tax returns, there are few ways to make donations to LFCNA or other charities and realize benefits yourself. One way to do so is to donate all or part of your RMD from your IRA directly to charity. Depending on your distribution amount, your RMD may move you to a higher tax bracket or influence your taxable income in other ways. I know of individuals who have donated their RMD directly to charity and have realized significant tax savings from doing so. Here are a few facts from the IRS.



- Most types of IRAs qualify: traditional IRA, [rollover IRA](#), [inherited IRA](#), and inactive SEP and SIMPLE IRAs.
- The retirement account owner must be age 70 1/2 or older, at which point a mandatory distribution is required annually. If you are less than 72 years of age, the dates have recently changed. The beginning date for IRA required distributions is now April 1 of the year following the calendar year in which you reach age 72 (73 if you reach age 72 after Dec. 31, 2022).
- Donations must go directly from your IRA to the qualified public charity. The tax advantages are not realized if the distribution goes to you and then to charity.
- Distributions can be divided among more than one charity in a given year.
- It's important to plan ahead, especially if taking monthly distributions. All charitable transactions must be complete by the end of the calendar year.

This information is shared realizing that not everyone is in a position to make Required Mandatory Distributions (RMD) or other financial donations to LFCNA and/or other worthwhile charitable causes. Nonetheless, LFCNA is grateful that you are a member and offer support to LFCNA in other ways.

If you are in a position to consider a donation to LFCNA from your IRA required distribution, please consider doing so. Donations, large and small, help us continue to support faith community nursing across the nation and allow us to continue to keep our membership dues low. ***You are highly encouraged to consult your IRA Trustee and your tax accountant to determine how a charitable gift from your IRA may benefit***

[**DONATE NOW—CLICK HERE**](#)

YOUR GIFTS HELP FUND OUR FUTURE

Reflection on Caring for the Human Spirit

by Sue Ann Glusenkamp, MS, MS-BC, Faith Community Nurse (Region2)

Westberg Symposium 2023

April 17-19 in St. Louis, Missouri by the Gateway Arch



It has been many years since I attended a Westberg Symposium and this was the first since the IPNRC became part of the Spiritual Care Association. My memories of past symposiums include gathering innovative information and ideas, while becoming inspired and connected with many Faith Community Nurses from around the world. This experience did not disappoint and, in fact, connections were broadened to include chaplains and

clergy from many faith traditions. The agenda included keynote speakers and breakout sessions from both disciplines of medicine and religion, MDs, RNs, Pastors, Chaplains, Social Workers and other professional presenters, such as the director of Aging with Dignity that produces the document **5 Wishes**.

Highlights included the World Forum for FCNs with the Rev. Dr. Helen Wordsworth from the UK, as International Parish Nurse Consultant, who is retiring this year and the meaningful Nurse Honor Guard ceremony honoring nurses who have passed on this past year. It is always a treat to connect with fellow FCNs and I was delighted to spend time with LFCNA Board members and long time friends, Nancy Roberts from Florida and Carolyn Crowe from Missouri.

And, as always, Sharon Hinton adequately and creatively represented FCNs at the Westberg Institute booth while P. Ann Solari-Twadell presented an excellent workshop on "Inter-professional Strategies; Healing the Impact of COVID-19 on the Faith Community Ministry."

Attending Westberg Symposium in person was a blessing for my ministry and I am grateful for time spent in my hometown of St. Louis including sampling nostalgic treats like Ted Drewes frozen custard and Fitz's root beer (YES, I did make a root beer float)! I encourage each of you to consider making a future Westberg Symposium a priority on your calendar, if at all possible. Your spirit for ministry will be revived and refreshed!



Left to right: Carolyn Crowe, St. Louis, MO (Region 4); Nancy Roberts, Ft. Myers, FL (Region 9); and Sue Ann Glusenkamp, Denver, CO (Region 2)

Practice Ideas

10,000 Cups of Joy – Lee Health Ft. Myers Florida

Since rolling out in January 2022 at our hospitals and Lee Health Coconut Point, REST Tea Carts — and the volunteers who guide them — have served an astounding 10,000 cups of tea.

Created by Spiritual Services and the Resilience Education Support Team (REST), supported by a grant from the Lee Health Foundation and run by Lee Health volunteers, REST Tea Carts provide a one-of-a-kind experience for our team members.

Every week, the individual carts traverse facility grounds, delivering a range of calming brews alongside specialty tea cookies.

Nancy Roberts, RN, BSN, Faith Community Nurse, PRN parish nurse, was tasked with launching and managing the REST Tea Carts, and she paid close attention to the details.

The volunteers pour hot water from a lovely silver kettle, and they offer sugar cubes or honey in addition to sugar packets. While pouring the tea, they extend gratitude to our team members and hand out ‘positive thought’ cards to further lift their spirits.

Sometimes, with the multiple stressors within a health system, it is hard to have a positive thought, so we offer one,” said Nancy.

For example, one card says, ‘I won’t let anyone rain on my parade today, for the sunshine is within me.’ In total, there are 25 different ‘thoughts’ for the cards

“It is a joy to see the smiles of the staff and hear that it’s just what they needed,” Nancy added.

Thank you to our REST Tea Cart teams for serving up meaningful moments of peace and joy to our team members who work hard, day and night, to care for our patients and their families. We look forward to celebrating and enjoying many more cups of tea with you!



Nancy and others from the REST team.
Nancy is second from the right.

“In true community we will not choose our companions, for our choices are so often limited by self-serving motives. Instead, our companions will be given to us by grace. Often they will be persons who will upset our settled view of self and world. In fact, we might define true community as that place where the person you least want to live with lives...” Parker Palmer

Educational Event



Documentation and Legal Aspects of Faith Community Nurse Practice

By Denise Viker, RN BSN

Sponsored by the Lutheran Faith Community Nurse Association

This workshop will provide information on documentation for Faith Community Nursing and Health Leaders. Denise will present information regarding Legal Aspects of Practice for Health and Wellness programs. Key points include:

- How documentation follows legal guidelines and standards
- Importance of record keeping and data collection for programs
- Advantages and disadvantages of a documentation options
- Establishing and maintaining professional boundaries
- Limiting liability for faith community nurses and congregations



Denise Viker holds a Bachelor of Science in Nursing from the University of Wisconsin, Madison, WI. She has experience in Client Education, Nursing Education, Program Management and Community Collaboration. She is a Registered Nurse in Arizona and President of Health Ministry Association. She currently works as Field Coordinator for Dignity Health: Center for Faith/Health Partnerships-Gilbert, AZ and Faith Community Nurse at Desert Cross Lutheran Church-Tempe and Gilbert, AZ. She lives in Mesa, AZ.

OBJECTIVES

Participants will:

1. Identify at least two available options for a documentation structure for Health and Wellness programs.
2. Articulate systematic approaches to collect appropriate and relevant data for program reporting.
3. Verbalize the importance of documenting in accordance with legal guidelines and practice standards
4. Identify at least one new approach to establishing and maintaining professional boundaries in FCN and Health Ministry practice

Date/Time: August 17, 2023 4-6 pm PT, 5-7 pm MT, 6-8 pm CT, 7-9 pm ET

Registration fee: \$20 for LFCNA members/ \$30 for non-members

Contact hours provided: 2.0

LFCNA Connections

Volume 3 Issue 4 July/August 2023



LUTHERAN FAITH COMMUNITY
NURSE ASSOCIATION

LFCNA Connections

Ministering to Your Pastor and Colleagues in Ministry

Clergy and Ministry Team Health – We Serve Together The Health of One Impacts the Health of the Team

As Faith Community Nurses we support not just our parishioners, but also our pastors and other ministry staff. We see them working long hours, rarely taking a break or a vacation, perhaps not even a day off. Funerals pending and numbers of people needing visitation seem too many. Before they know it, the next Sunday is here and planning for worship and writing a sermon becomes urgent. Or, in the case of ministry team colleagues, the next event is too near and planning details remain unfinished. This article may be a helpful resource to share with your pastor(s) and colleagues.

<https://www.christianitytoday.com/better-samaritan/2021/december/7-ways-pastors-can-avoid-burnout-before-its-too-late.html>

LFCNA Travel Reimbursement Policy

The LFCNA Board of Directors has approved a Travel Reimbursement Policy for members who travel to and participate in events on behalf of the organization. LFCNA will reimburse members for necessary and reasonable pre-approved expenses as they occur while conducting association business. Following are the steps to the process of seeking reimbursement for an event:

- Talk with your regional director, an officer, or the executive director of the organization about the event you would like to attend on behalf of LFCNA.
- If your attendance is endorsed, complete the LFCNA Event/Travel Request Pre-approval Form (#110) with estimated expenses and submit to the Executive Director 45 days prior to the event. The request will be submitted to the Board of Directors for approval.
- Work with the Executive Director and your regional director to secure needed materials for the event such as a display that is available for member use, brochures or other handouts, consents for BP screenings (if planned), etc.
- Attend the event as requested, saving all receipts for expenses you would like reimbursed and noting odometer readings if you are traveling using a personal vehicle.
- Following the event, complete the LFCNA Event/Travel Reimbursement Form (#111) and return to the Executive Director with requested information and copies of receipts.

The policy (#0020.23) and both forms can be accessed at the members only page of the website. If you have questions, please contact Carol DeSchepper at lutheranfncna@gmail.com or by using her personal email which is also available on the Board Contact listing on the Members Only page.

LFCNA Connections

Volume 3 Issue 4 July/August 2023

Evidence Based Blood Pressure Measurement/Screening Guidelines

Thanks to the efforts of several of our members, the Program Library now has Evidence based Guidelines addressing Blood Pressure Measurement/Screening. A significant amount of work has been invested to offer these guidelines to our members. The evidence was drawn from the American Heart Association, the American College of Cardiology, the U.S. BP Validated Device Listing, the National Heart Lung and Blood Institute of National Institute of Health, the 7th Report of the Joint National Committee on Prevention, Detection, Evaluation and Treatment of High Blood Pressure, and the American Medical Association.

You will find the following in the library:

- Comprehensive Guidelines including equipment, process, and follow-up and interventions,
- Two (2) consent/disclaimer forms to be used at events and screenings (your choice), and
- 5 handouts that can be used for patient/congregant education.

To find the BP Screening toolkit, go to the MEMBERS ONLY page of the website and find the information within the Physical Health Programs.

Special thanks to Judy Hughes (Region 9), Chair of the Ad Hoc Committee; Mary Ann Mette (Region 6); Anita Huntley (Region 1), and Cheryl Tannas (Region 6) for their excellent work on this Program Library submission.

As you review and/or use the guidelines, if you have comments, questions, or suggestions, please send them to Judy Hughes, Mary Ann Mette (their email addresses are in the Program Library posting) or to Carol DeSchepper at lutheranfcna@gmail.com

OPPORTUNITIES TO SERVE LFCNA

Every member of LFCNA brings gifts to the organization. I am grateful to those who serve on the board, committees, contribute to the newsletter, and/or help staff synod and church events. Others of you support the organization by attending events, maintaining your membership, sharing information about LFCNA with colleagues, and through your prayer support. I am grateful for all that you, our members offer.

The organization could use your help if you are gifted in these areas:

1. Serving as a member on the Governance Committee. This committee deals with organizational infrastructure including policies, guidelines, and Bylaws.
2. Assisting with education events, specifically the Continuing Education application process.

If you have gifts in these areas or have questions about where you can share your gifts, please contact me at lutheranfcna@gmail.com Carol DeSchepper, Executive Director



Focus on Research

By Jean Bokinskie, PhD, RN (Region 3)

This is a summary of Jean's full reviews of the following articles. LFCNA members can find Jean's full articles with descriptions and implications for FCNs by going to our website, <https://lutheranfcna.org>, signing in and clicking on the Members Only tab.

Dear Faith Community Nurses,

Greetings! I hope that you are enjoying a beautiful start to the summer wherever you reside. The following articles (research or simply informative) provide some insights into various areas of nursing practice. Enjoy!

1. **Fowler, M., & Schoonover-Schoffner, K. (2023). Rising to "The Highest Morals." The rich history of nursing ethics. *Journal of Christian Nursing*.**
Implications for FCNs: This article provided an excellent history of nursing ethics, providing a distinction between medical ethics/practice and nursing. Historically, I have found many references that strongly link biomedical to nursing ethics – this is not the case. See the full review for more information.
2. **Mental health crisis among teens: Girls are especially at risk. *American Journal of Nursing*.**
Implications for FCNs: The article highlights the importance of the FCN in a team approach to youth ministry. The FCN is well positioned to work with school nurses and counselors, social workers, and adolescent care professionals.
3. **The effect of listening to Al-Quaran Recitation among uncontrolled hypertensive Muslim patients attending primary care clinic in Kelantan, Malaysia: A randomized control trial.**
Implications for FCNs:
This study shows a significant drop in BP and HR in a population after listening to the reading of religious materials. FCNs could implement listening of religious reading as a part of educational programming – perhaps as a part of a fellowship event, exercise classes, or book study. This study could be replicated and reported in the nursing literature.
4. **Battle of COVID-19: Frontline nurses feel abandoned during the pandemic. *American Nurse Journal*.**
Implications for FCNs: FCNs need to be aware of PTSD symptoms in oneself and in colleagues. Symptoms include: irritability, social isolation, mistrust, loss of interest/pleasure in activities, insomnia, and emotional detachment. If these symptoms manifest, one needs to seek help and/or offer support to others.

Prepare for Shooting the Rapids

Annette Toft Langdon, RN, BSN, MA (Region 3)



As July moves into August, the rush of fall begins as activities get planned and calendars fill up. The fall activity rush reminds me of shooting the rapids. Invariably, you get knocked off the raft and even with your life preserver, you get pulled under for a bit. Then you emerge, take a big breath and get pulled under again, coming up after Thanksgiving or Christmas.

There is richness in the ministry of fall days and the privilege of journeying with others in times of pain, worry or celebration. There is also the need for sabbath, especially for those who minister in the church and on Sundays, which are full of activities and connecting with people. "Remember the Sabbath to keep it holy" reminds us of the vital importance of taking a break, scheduling time to rest, reflect, and be refreshed by leaning into God's love for us. It means brushing aside thoughts like: "Oh, I'll be fine. There's so much to do, so many to care for. It's hard to take time off."

The Lord God formed the man and breathed into his nostrils the breath of life. Gen 2:7

The disciples were gathered in Jerusalem after Christ's crucifixion when Jesus appeared. He declared peace to them and then he *breathed on them saying, "Receive the Holy Spirit."*

God patiently waits to pour love and strength and energy into our hearts. May we tend to our own hearts, our own wellness, and set aside some days or even a few hours every week or month to allow room to rest and grow in our relationship with God.

May you make it through the fall, with full strength and extra breath.

Peace,

Annette Langdon

A few ideas for Sabbath rest:

- Walk a labyrinth
- Get a massage
- Go to an art museum
- Take a walk with a verse in scripture
- Enjoy a slow morning with no rush
- A day retreat

LFCNA Connections

"Life is meant to be celebrated, enjoyed, delighted in, and embraced in all its mystery. Guide us to our inner child. Draw us to your playground of creation, God of life, so that we will live more fully. Amen." (Joyce Rupp, May I Have This Dance?)

Mark Your Calendars!

Month	Date	Time	Meeting/Event	Location
July	5	12:00 pm -1:00 pm CDT	Regions 4, 5, & 6 Peer Group	Zoom
July	6	5:00 pm– 6:00 pm EDT	Region 7 and 8 Peer Group	Zoom
July	13	1:00 pm -1:45 pm and 6:00 pm—6:45 pm CDT	Replenishing Your Heart Annette Langdon leading	Zoom
August	2	12:00 pm -1:00 pm CDT	Regions 4, 5, & 6 Peer Group	Zoom
August	3	5:00 pm– 6:00 pm EDT	Regions 7 & 8 Peer Group	Zoom
August	17	6:00pm—8:00 pm CDT	Documentation and Legal Aspects of FCN Practice Presented by Denise Viker, RN, BSN (paid event—watch for registration materials online)	Zoom
August	23	3:30 pm—5:00 pm CDT	Board of Directors Meeting If you desire to attend request link: cideschepper@gmail.com	Zoom
Sept	6	12:00 pm -1:00 pm CDT	Regions 4, 5, & 6 Peer Group	Zoom
Sept	7	5:00 pm– 6:00 pm EDT	Region 7 and 8 Peer Group	Zoom
Sept	8	3:00 pm—4:00 pm EDT	Region 9 Peer Group	Zoom