



Valley Health Chronic Disease Symposium

Friday, March 22, 2024

2024 FOCUS: Current Trends in Diabetes Patient Care

Virtual platform supported by Zoom

This virtual conference will provide comprehensive and clinically relevant information to optimize patient care and outcomes.

Fully funded by
Valley Health Foundations

8:15–8:30 A.M.

Welcome, Overview of the Day

8:30–9:30 A.M.

Primary Care Management of Diabetes and its Complications

Joseph Hashem, MD

Valley Health War Memorial Hospital Internal Medicine

9:30–10:30 A.M.

Updates on Medication Management of Diabetes

Abby Lennon, Pharm D, CDCES

Assistant Professor of Pharmacy Practice

Bernard J. Dunn School of Pharmacy, Shenandoah University

10:30–10:45 A.M.

Break

10:45–11:45 A.M.

Updates on Managing Diabetes with Technology

Karen Adams, RN, CDES, *Certified Diabetes Educator*

Specialist, Insulin Pump Educator, Valley Health

11:45 A.M.–12:30 P.M.

Lunch with breakout sessions

12:30–1:30 P.M.

The Five Factors of Diabetes, Insulin and Exercise

Matthew Schoenherr, MS, ACSM-CEP, CDCES

Clinical Services Manager, *Insulet*

1:30–2:30 P.M.

Recognizing the Spiritual Aspects of Caring for Patients with a Chronic Disease

Faith Community Nurse Panel

Moderator: Deb Saunders, RN, MBA, Clinical Coordinator

Faith Community Nursing, Valley Health

2:30–3:30 P.M.

Plant-based Diet Approach to Managing Chronic Disease

Adrienne Raimo, RDN, LD, CHC

Integrative & Functional Dietitian-Nutritionist

Columbus Integrative Family Medicine Center

3:30 P.M.

Program Closing and Final Comments

 **ValleyHealth**

Healthier, together.

*Agenda subject to change

Professional Credits Awarded by Valley Health

Physicians

This activity has been planned and implemented in accordance with the Essential Areas and Policies of the Medical Society of Virginia. The Winchester Medical Center's CME Program is accredited by the Medical Society of Virginia to provide continuing medical education for physicians and designates this live activity for a maximum of 6 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Physicians, Nurse Practitioners and Physician Assistants who are currently participating in the WMC CME Program, please contact Stephanie Edwards at 540-526-4742.

Nurses

Valley Health Professional Development is approved as a provider of continuing nursing professional development (CNPD) by the Virginia Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. This program has been awarded 6 contact hours.

A link will be sent to those who attend the conference to complete the evaluation at the end of the conference; once the evaluation is completed, they will receive their CE certificate.

Email: edu1@valleyhealthlink.com for questions.

Registration

Go to valleyhealthlink.com/CDS2024 to register. You will receive a confirmation email once your registration is complete, providing all the details to gain access on March 22.